

Address: 2701 Pickett Road
City: Durham
State: NC
Zip Code: 27705-5688
Phone Number: (919) 490-8000
Fax Number: (919) 490-0887
Toll Free Number: (800) 474-0258
County: Durham
Web Page: www.forestduke.org
Year Opened: 1992
Licensed Provider: The Forest at Duke, Inc.

Provider Tax Status: Not-For-Profit

Self Description:

Accredited by CARF/CCAC, Fitch rated, and neighbor to the Duke University campus and medical center, The Forest at Duke has provided outstanding retirement living for over 25 years. From its center NC location, a quick drive reaches other nationally recognized educational and medical centers, major shopping venues, Research Triangle Park and the RDU International Airport.

Maintenance free independent living is available in 11 styles of apartments and cottages on the 47-acre campus. The 40,000 sq. ft. Community Center features multiple dining venues, a well-stocked library, club room with pool tables, an auditorium, bank, hair salon, arts studio, and other village amenities. Residents enjoy an indoor pool and fitness center with full time staff, greenhouse, and gardening plots. A wide array of on-campus cultural, educational and wellness programs are a highlight of community life. The Forest serves as a host site for the Osher Lifelong Learning Institute (OLLI) at Duke.

The Medicare certified Health and Wellness Center offers Duke directed on site health services including primary medical care, physical, occupational and speech therapies, respite care, apartment style assisted living, private room skilled nursing, memory support and dementia care residences. Three distinctly different garden areas offer health center residents attractive and secure outdoor opportunities.

FEES:

	Low	High
Entrance Fees	\$97,970	\$600,078
Monthly Fees	\$3,562	\$6,538

Note:

- Fees listed have been provided by the community.
- All fees listed are for reference and comparison purposes only.
- Actual fees may vary from those listed.
- Fees listed are for single occupancy, additional fees may apply for a second resident.
- Please contact the facility for a more detailed list of entrance and monthly fees.

CONTRACT AND REFUND OPTIONS:

Contract Options:

- Extensive
- Modified
- Fee for Service
- Equity
- Rental (No Entrance Fee)
- Assignment of Assets

Entrance Fee Refund Options:

- No Refund
- Fully Declining Refund
- 50% Refund
- 80% Refund
- 90% Refund
- Full Refund

OCCUPANCY:

	Total Units	Occupied Units	Residents	Percent Occupied
Independent Living Units:	235	224	305	95.3%
Assisted Living Units:	34	19	19	55.9%
Nursing Beds:	58	46	46	79.3%
Total:	327	289	370	88.4%

OTHER:

- Dementia Units Available
- Direct Admission to Assisted Living
- Direct Admission to Nursing
- Utilities (some or all) in Monthly Fees
- Waiting List for (some or all) Units
- Resident(s) on the Board of Directors
- Housekeeping (some or all) in Monthly Fees
- Meals (some or all) in Monthly Fees
- Medicaid Certified
- Medicare Certified
- Pets (some) Allowed
- Emergency Call System
- Swimming Pool/Spa/Sauna
- Transportation Available
- Exercise Room or Programs
- Undergoing Expansion

Galloway Ridge at Fearington

Pittsboro

Address: 3000 Galloway Ridge

City: Pittsboro

State: NC

Zip Code: 27312-8639

Phone Number: (919) 545-2215

Fax Number: (919) 545-2220

Toll Free Number: (888) 763-9600

County: Chatham

Web Page: www.gallowayridge.com

Year Opened: 2005

Licensed Provider: Galloway Ridge, Inc.

Provider Tax Status: Not-For-Profit

Self Description:

Galloway Ridge at Fearington is a life plan community of dreamers and doers. Lovingly crafted with heart, soul and Southern charm, Galloway Ridge is more than simply retirement living. It's a secure, health-conscious, pleasure-packed lifestyle destination. Our 60+acre campus is just south of Chapel Hill, adjacent to Fearington Village, an 1100-acre planned community, offering miles of trails and sidewalks. Jordan Lake and the Haw River are a short distance for our outdoor enthusiasts.

Galloway Ridge offers all of our services conveniently under one roof. Our main building includes 248 independent living apartments, library, business center, living room, auditorium, dining venues from casual and pub atmosphere to fine dining, billiards room, movie theater, art studio, multiple meeting and social spaces and a conference room. Also, on campus are a woodworking shop, nature and walking trails and a dog park. Our Medicare certified healthcare center, The Arbor, is connected to the main building and offers 96 private rooms for assisted living, memory care and skilled nursing. Residents of our 52 independent living villas have a short walk to all the amenities on campus.

The Galloway Ridge WellPlex is an integral part of our wellness program that allows our residents to maintain their optimal level of health and well-being. The WellPlex includes the Duke Center for Living, a 20,000 sq. ft. state-of-the-art fitness center, Duke Primary Care, and the Center for Physical Rehabilitation.

We offer unparalleled options for on-campus primary care services as our residents can choose between UNC Health Care within our main building and Duke Primary Care in the WellPlex.

We are a not-for-profit community with a passion for service and giving. Residents and staff volunteer thousands of hours each year to local agencies and partnerships.

Galloway Ridge is a different kind of community. Here, you have the freedom and security to be who you want to be and to never stop growing.

FEES:

	Low	High
Entrance Fees	\$231,000	\$1,281,000
Monthly Fees	\$3,358	\$7,816

Note:

- Fees listed have been provided by the community.
- All fees listed are for reference and comparison purposes only.
- Actual fees may vary from those listed.
- Fees listed are for single occupancy, additional fees may apply for a second resident.
- Please contact the facility for a more detailed list of entrance and monthly fees.

CONTRACT AND REFUND OPTIONS:

Contract Options:

- Extensive
- Modified
- Fee for Service
- Equity
- Rental (No Entrance Fee)
- Assignment of Assets

Entrance Fee Refund Options:

- No Refund
- Fully Declining Refund
- 50% Refund
- 80% Refund
- 90% Refund
- Full Refund

OCCUPANCY:

	Total Units	Occupied Units	Residents	Percent Occupied
Independent Living Units:	315	295	417	93.7%
Assisted Living Units:	51	28	28	54.9%
Nursing Beds:	40	19	19	47.5%
Total:	406	342	464	84.2%

OTHER:

- Dementia Units Available
- Direct Admission to Assisted Living
- Direct Admission to Nursing
- Utilities (some or all) in Monthly Fees
- Waiting List for (some or all) Units
- Resident(s) on the Board of Directors
- Housekeeping (some or all) in Monthly Fees
- Meals (some or all) in Monthly Fees
- Medicaid Certified
- Medicare Certified
- Pets (some) Allowed
- Emergency Call System
- Swimming Pool/Spa/Sauna
- Transportation Available
- Exercise Room or Programs
- Undergoing Expansion

Address: 100 Whippoorwill Ln,
City: Chapel Hill
State: NC
Zip Code: 27517-8510
Phone Number: (919) 942-4014
Fax Number: (919) 929-7808
Toll Free Number: (800) 458-6756
County: Chatham
Web Page: www.carolinameadows.org
Year Opened: 1983
Licensed Provider: Carolina Meadows, Inc.

Provider Tax Status: Not-For-Profit

Self Description:

Carolina Meadows is a nationally accredited continuing care retirement community, otherwise known as a Life Plan Community, nestled within a well-manicured and carefully landscaped 166-acre campus located approximately 4.5 miles south of the University of North Carolina in Chapel Hill, North Carolina. Residents enjoy a variety of daily activities and amenities, multiple dining venues, a large and inviting library, Wi-Fi throughout the campus, an indoor pool and Jacuzzi, two tennis courts, and a par-3, 9-hole golf course. In addition, residents enjoy a variety of periodic concerts and lectures chosen by resident for residents. Residents of Carolina Meadows enjoy an on-site medical clinic staffed by its own physician and nurse practitioners as well as contracted physician services with the UNC Division of Geriatric Medicine.

One of the defining attributes of Carolina Meadows is the resident-driven culture of active participation and involvement in the day-to-day activities of the community. In addition, residents have a voice in the governance of the organization with four voting residents required to serve on the Board of Directors. This longstanding culture of resident participation and involvement enhances engagement and satisfaction among and between residents and Board members.

Carolina Meadows offers a fully refundable entrance fee or a fully declining entrance fee through a Fee-for-Service contract. The fully refundable contract type allows a resident to share in the appreciation of their residence over time. The fully declining contract type allows a resident to pay a smaller entrance fee in exchange for a declining refund in the first 48 months after moving in. The entry fee and subsequent refund amortizes down to zero after 48 months.

FEES:

	Low	High
Entrance Fees	\$133,100	\$798,500
Monthly Fees	\$3,038	\$4,997

Note:

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- All fees listed are for reference and comparison purposes only.
- Actual fees may vary from those listed.
- Fees listed are for single occupancy, additional fees may apply for a second resident.
- Please contact the facility for a more detailed list of entrance and monthly fees.

CONTRACT AND REFUND OPTIONS:

Contract Options:

- Extensive
- Modified
- Fee for Service
- Equity
- Rental (No Entrance Fee)
- Assignment of Assets

Entrance Fee Refund Options:

- No Refund
- Fully Declining Refund
- 50% Refund
- 80% Refund
- 90% Refund
- Full Refund

OCCUPANCY:

	Total Units	Occupied Units	Residents	Percent Occupied
Independent Living Units:	468	443	749	94.7%
Assisted Living Units:	95	63	64	66.3%
Nursing Beds:	90	69	69	76.7%
Total:	653	575	882	88.1%

OTHER:

- Dementia Units Available
- Direct Admission to Assisted Living
- Direct Admission to Nursing
- Utilities (some or all) in Monthly Fees
- Waiting List for (some or all) Units
- Resident(s) on the Board of Directors
- Housekeeping (some or all) in Monthly Fees
- Meals (some or all) in Monthly Fees
- Medicaid Certified
- Medicare Certified
- Pets (some) Allowed
- Emergency Call System
- Swimming Pool/Spa/Sauna
- Transportation Available
- Exercise Room or Programs
- Undergoing Expansion

Address: 100 Cedar Club Circle
City: Chapel Hill
State: NC
Zip Code: 27517-
Phone Number: (919) 259-7000
Fax Number: (919) 259-7001
Toll Free Number: (877) 433-3667
County: Durham
Web Page: www.cedarsofchapelhill.com
Year Opened: 2004
Licensed Provider: The Cedars of Chapel Hill, L.L.C. / The Cedars of Chapel Hill Club, Inc.
Provider Tax Status: For-Profit / Not-For-Profit

Self Description:

The Cedars of Chapel Hill is located on a 50-acre campus near the University of North Carolina and within the 435-acre mixed use development of Meadowmont. The community consists of a 40,000 square foot clubhouse, DuBose Health Center, 11 multi-family residential buildings and 49 single family cottages. Homes range in size from 980 square feet to almost 3,500 square feet.

The Cedars is a residential condominium development owned by the members who enter into a membership agreement and receive services through The Cedars Club. All sales of homes are priced individually by their owners based upon the current market value and custom modifications.

Each Cedars Member pays a monthly fee based on the type of home purchased, entitling the Member to a package of service and amenities. The services include 24-hour security, utilities & insurance, dining program, weekly housekeeping, and linen service, transportation, activities, and wellness programs. This package also includes a healthcare benefit of 90 days of residency in Dubose Health Center and after 90 days a significantly reduced daily rate. The amenities include an indoor pool, fitness center, billiards room, library, ballroom, bank, woodworking shop and art studio. The dining venues include a lounge, The Garden Room for informal dining and The Magnolia Room for formal dining. Takeout and delivery meal service is provided at no additional fee.

FEES:

	Low	High
Entrance Fees		
Monthly Fees	\$3,283	\$7,249

Note:

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- Fees listed are for single occupancy, additional fees may apply for a second resident.
- Please contact the facility for a more detailed list of entrance and monthly fees.

CONTRACT AND REFUND OPTIONS:

Contract Options:

- Extensive
- Modified
- Fee for Service
- Equity
- Rental (No Entrance Fee)
- Assignment of Assets

Entrance Fee Refund Options:

- No Refund
- Fully Declining Refund
- 50% Refund
- 80% Refund
- 90% Refund
- Full Refund

OCCUPANCY:

	Total Units	Occupied Units	Residents	Percent Occupied
Independent Living Units:	306	306	409	100.0%
Assisted Living Units:	4	4	4	100.0%
Nursing Beds:	66	52	52	78.8%
Total:	376	362	465	96.3%

OTHER:

- Dementia Units Available
- Direct Admission to Assisted Living
- Direct Admission to Nursing
- Utilities (some or all) in Monthly Fees
- Waiting List for (some or all) Units
- Resident(s) on the Board of Directors
- Housekeeping (some or all) in Monthly Fees
- Meals (some or all) in Monthly Fees
- Medicaid Certified
- Medicare Certified
- Pets (some) Allowed
- Emergency Call System
- Swimming Pool/Spa/Sauna
- Transportation Available
- Exercise Room or Programs
- Undergoing Expansion

Address: 750 Weaver Dairy Road
City: Chapel Hill
State: NC
Zip Code: 27514-1438
Phone Number: (919) 968-4511
Fax Number: (919) 918-3349
Toll Free Number: (800) 518-9333
County: Orange
Web Page: www.carolwoods.org
Year Opened: 1979
Licensed Provider: The Chapel Hill Residential Retirement Center, Inc.
Provider Tax Status: Not-For-Profit

Self Description:

Carol Woods is an accredited, not-for-profit continuing care retirement (life plan) community in Chapel Hill with proximity to UNC Hospitals and Duke Medical Center. Exceptional financial practices, a strong volunteer board of directors, and excellent management team helps Carol Woods maintain an A+ rating from Standard and Poor's.

Active, independent residents choose from a variety of cottages and apartments situated on 120 acres in Chapel Hill. An entry fee and monthly fee cover a broad package of services that includes weekly housekeeping, utilities, 30/31 meals per month and a portion of the cost of future healthcare. On-campus amenities include a heated indoor pool, fitness center, a craft and woodworking shop, business center, art studio and 6,500-volume library.

Carol Woods is accredited by CARF, the sole accrediting body of continuing care retirement communities.

FEES:

	Low	High
Entrance Fees	\$106,000	\$494,000
Monthly Fees	\$2,466	\$5,697

Note:

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- Please contact the facility for a more detailed list of entrance and monthly fees.

CONTRACT AND REFUND OPTIONS:

Contract Options:

- Extensive
- Modified
- Fee for Service
- Equity
- Rental (No Entrance Fee)
- Assignment of Assets

Entrance Fee Refund Options:

- No Refund
- Fully Declining Refund
- 50% Refund
- 80% Refund
- 90% Refund
- Full Refund

OCCUPANCY:

	Total Units	Occupied Units	Residents	Percent Occupied
Independent Living Units:	315	301	507	95.6%
Assisted Living Units:	89	73	73	82.0%
Nursing Beds:	30	16	16	53.3%
Total:	434	390	596	89.9%

OTHER:

- Dementia Units Available
- Direct Admission to Assisted Living
- Direct Admission to Nursing
- Utilities (some or all) in Monthly Fees
- Waiting List for (some or all) Units
- Resident(s) on the Board of Directors
- Housekeeping (some or all) in Monthly Fees
- Meals (some or all) in Monthly Fees
- Medicaid Certified
- Medicare Certified
- Pets (some) Allowed
- Emergency Call System
- Swimming Pool/Spa/Sauna
- Transportation Available
- Exercise Room or Programs
- Undergoing Expansion

Address: 3701 Wade Coble Drive

City: Burlington
State: NC
Zip Code: 27215-9756
Phone Number: (336) 538-1500
Fax Number: (336) 538-1504
Toll Free Number:
County: Alamance
Web Page: www.twinlakescomm.org
Year Opened: 1983
Licensed Provider: Lutheran Retirement Ministries of Alamance County, North Carolina

Provider Tax Status: Not-For-Profit

Self Description:

Twin Lakes Community is designed for adults who choose to live with purpose where residents live, learn, and grow in a place where community comes first. Located in the heart of North Carolina on 215 acres, we currently offer 410 independent living homes, including apartments, villas, and freestanding houses with attached garages. Twin Lakes Community's arc of care includes assisted living, skilled nursing and rehabilitation, memory care, home-care agency, and an adult day program. Both memory care and skilled nursing consistently maintain 5-star CMS ratings, and both use specialized therapies to ensure a high quality of life and care for our residents. In February 2021 skilled nursing will relocate to a new, 135,000 sf facility, designed to maximize the sense of autonomy and home for residents. Twin Lakes Community has been CARF accredited since 1998 and has a BBB Fitch bond rating.

Residents enjoy an indoor saltwater pool, a fitness center, two restaurants, two large gathering spaces, a library, theater, community garden, art studio, gift shop, and woodworking shop. With over fifty resident-led clubs and affinity groups active on campus, there is something for everyone. Because we have no meal plan, residents at Twin Lakes are free to enjoy the rich variety of dining venues available both at Twin Lakes and in the broader community or stay in for a home-cooked meal. Under the direction of a specially trained, experienced wellness director, two-thirds of our residents currently participate in Thrive®, our dynamic wellness program dedicated to residents' pursuit of optimum wellness and successful aging.

Twin Lakes is in the Town of Elon on the western edge of Burlington, with easy access to Interstate 40/85. We are midway between the NC beaches and mountains and close to the campuses and teaching hospitals of Duke, UNC, and Wake Forest. While we are affiliated with the Lutheran Church, our residents come from a rich diversity of religious, professional, racial, and geographic backgrounds. The unifying characteristic of our residents is their generosity of spirit. Our staff and residents together donated more than 13,000 hours of community service during the past year, and we are proud to have built four houses for Habitat for Humanity and to have collected more than 400 tons of food for local food ministries. Twin Lakes is a thriving community defined by our shared sense of purpose, generosity, and positive impact.

FEES:

	Low	High
Entrance Fees	\$55,000	\$415,000
Monthly Fees	\$1,590	\$3,023

Note:

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- Actual fees may vary from those listed.
- Fees listed are for single occupancy, additional fees may apply for a second resident.
- Please contact the facility for a more detailed list of entrance and monthly fees.

CONTRACT AND REFUND OPTIONS:

Contract Options:

- Extensive
- Modified
- Fee for Service
- Equity
- Rental (No Entrance Fee)
- Assignment of Assets

Entrance Fee Refund Options:

- No Refund
- Fully Declining Refund
- 50% Refund
- 80% Refund
- 90% Refund
- Full Refund

OCCUPANCY:

	Total Units	Occupied Units	Residents	Percent Occupied
Independent Living Units:	434	410	598	94.5%
Assisted Living Units:	56	46	48	82.1%
Nursing Beds:	116	90	90	77.6%
Total:	606	546	736	90.1%

OTHER:

- Dementia Units Available
- Direct Admission to Assisted Living
- Direct Admission to Nursing
- Utilities (some or all) in Monthly Fees
- Waiting List for (some or all) Units
- Resident(s) on the Board of Directors
- Housekeeping (some or all) in Monthly Fees
- Meals (some or all) in Monthly Fees
- Medicaid Certified
- Medicare Certified
- Pets (some) Allowed
- Emergency Call System
- Swimming Pool/Spa/Sauna
- Transportation Available
- Exercise Room or Programs
- Undergoing Expansion